CLAIMS

1. A method for isolating nucleic acids from a sample containing nucleic acids comprising:

dissolving the sample in a buffer containing surfactant and salt;

heating the obtained solution;

subjecting the heated solution to gel filtration; and

collecting a fraction containing nucleic acids.

- 2. The method according to claim 1, wherein said surfactant is Triton X-100 (Registered Trademark).
 - 3. The method according to claim 1 or 2, wherein said salt is NaCl.
- 4. The method according to any one of claims 1 to 3, wherein said sample is a sample containing eucaryotic cells.
 - 5. The method according to any one of claims 1 to 4, wherein said sample is blood.
 - 6. A kit for nucleic acid isolation from a sample containing nucleic acids, comprising
- a buffer and a gel filtration column, wherein said buffer contains at least one kind of surfactants and at least one kind of salts.
- 7. The kit according to claim 6, wherein said buffer is a buffer containing Triton X-100 (Registered Trademark) and NaCl.
 - 8. An apparatus for nucleic acid isolation equipped with:
 - a sample-introducing part;
 - a buffer-supplying part that supplies a buffer containing surfactant and salt;
 - a heating part; and
 - a separation part filled with gel filtration resins.